



Can't cook?

Don't want to cook?

Don't have time to cook?

Let the chef's at The Portable Cafe cook for you.

Pamper yourself while you save time and money.

Here's how it works.

To order, call or email:

(520)318-9956 Mary@theportablecafe.com

Order by Tuesday at noon and we'll have your meals ready by Friday at 5:00 pm.

Pick up or we'll deliver for a small fee.



Our menu changes weekly. You won't see items repeated for 3 or 4 months, unless someone requests an item.

Our signature soup:
Italian Tomato, aka
pickle soup

We offer delicious meals that don't rely on butter and salt for flavor, except for those that do like chicken Alfredo —to die for.

Buy into our ever-changing menu for \$17 - \$23 per meal. Think mac'n cheese vs. filet mignon. And there is no tip necessary saving you 20% + over going to a restaurant.

Ask about our customized and special diet meals.

Many favorites are always available, like lasagna, soups, salmon cakes and so much more.

Come inside for a sample, take home dinner.

Our small store offers items for the discerning chef, ie Madagascar vanilla, herbs and spices, aprons, let us know what you would like us to stock.

We're here for you.



Manicotti from Lasagna and More one of our partners

Upcoming menus:

To order call me or send an email:

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Below, one serving is the first price (i.e. \$20) two servings is the second price (i.e.\$32). Additional servings go up by the difference between the two. In this case \$12.

Questions? Call Mary at (520) 318-9956

March 6

\$20/32 Beef lettuce wraps, fried rice, Sichuan dry-fried green beans

\$20/32 Chicken parmesan, spaghetti, zucchini

\$20/32 Chicken Florentine, faro and mushroom pilaf

\$23/38 Lamb and butternut squash tagine (stew) with apricots, couscous

\$20/32 Asparagus leek quiche, fruit salad

\$5/serving Baileys (Irish cream whiskey) cheesecake

\$7 Tossed salad

March 13

\$20/32 Beef Stroganoff, noodles, vegetable

\$20/32 Chicken Curry, rice, veggie

\$20/32 Greek stuffed chicken, sweet potato, veggie

\$23/38 Lamb chops, couscous with veggies

\$23/38 Fish with wild mushrooms, Asparagus and faro salad

\$5/serving Irish apple cake with custard sauce

\$7 Tossed salad

\$5 half \$9 full loaf Irish soda bread choose with/without raisins

March 20

\$20/32 Corned beef and cabbage dinner

\$20/32 Baked chicken, tomatoes and basil, sweet potato, spinach havarti bake

\$20/32 Melt in Your Mouth Baked Chicken, Twice baked potato with bacon and cheddar cheese, veggie

\$23/38 Ginger rice with salmon, Bok Choy and broccoli

\$20/32 Taco-style baked sweet potato – think twice baked sweet potato filled with black beans, cheese, tomatoes, corn, cilantro and green onion

\$5 half \$9 full loaf Irish soda bread choose with/without raisins

\$5/serving Baileys (Irish cream whiskey) cheesecake

\$5/serving Irish apple cake with custard sauce

\$7 Tossed salad

March 27: see my website www.theportablecafe.com or pick up a new flier next week.

Vegetarian

Always available

] Lasagna: 2 meat, Vegetable, Two meat with BBQ sauce and roasted chilies, 7 cheese manicotti, Chicken Alfredo \$20 or \$30

] San Marzano Marinara Sauce 16 oz: \$6 2/\$11 24oz:\$8 2/15

] Tub of Marinara Bolognese: 8 oz \$8 2/\$15

] Garlic cream sauce or Alfredo sauce: \$8 2/\$15

] Shepherd's pie \$20

] Salmon cakes \$4 each

] Breads -Lemon, Cranberry or Blueberry crumble: \$8

] Soup: Italian Tomato, aka Pickle, Ratatouille (vegan)

Or, I'll make your favorite, just ask: \$5/16 oz

Contact us: (520 318-9956

Mary@ThePortableCafe.com

9105 E Tanque Verde Rd, Ste 103, Tucson, 85749

www.ThePortableCafe.com